

Secondary School Sex and Relationships Policy

Ysgol Glan Y Môr.

Date of Policy February 2010

Review date February 2011

Name of individual with responsibility for Sex and Relationships Education:

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Introduction to the Policy

Ysgol Glan Y Môr. has committed to being a part of the Gwynedd Healthy Schools Scheme and are revising the Sex and Relationships Education (SRE) Policy for Key Stage 3 and 4 as a developmental undertaking of the Scheme.

The school believes that their Sex and Relationships programme supports pupils through their physical, emotional, moral and spiritual development and facilitates them to make informed choices relating to their health and wellbeing

The Personal and Social Education Framework (DCELLS) 2008 within the health & wellbeing section states:-

"Learners can be helped to maintain their emotional and physical health and well-being, sustain their growth and development, and know how to keep themselves safe. As children and young people develop sexually they need to understand bodily changes, manage sexual feelings and enjoy safe, responsible and happy relationships. Learners can also be enabled to explore their feelings, develop self-awareness and self-respect and develop their self-esteem"

"Sex and relationships education is required to be placed within a clear framework of values and an awareness of the law on sexual behaviour. Features such as family life in all its different forms, including marriage, sexual behaviours, parenthood and sensitive issues such as abortion need to be presented in a balanced way and ethical issues discussed objectively. However, it is equally important to equip learners to take responsibility for their behaviour in their personal relationships and how to recognise inappropriate behaviour. Learners should know where and how to access personal information and support."

In accordance with the 2002 Education Act Ysgol Glan Y Môr. protects and promotes the health and wellbeing of all young people.

In accordance with the Equal Opportunity Legislation the school ensures that the education provided is inclusive and promotes equal opportunities for all pupils and encourages pupils to participate in all aspects of school life.

Sex and Relationships Education at Ysgol Glan Y Môr. will be taught within the context of the PSE Framework 2008 and the specific objectives of SRE at the school will be to help and support pupils through their physical, emotional, moral and spiritual development.

As a school we believe that SRE is essential if young people are to make sensible and well informed decisions about their lives and we also endorse that:

'SRE is about understanding the importance of stable and loving personal relationships, respect, love, care and the building of successful relationships with friendship groups and the wider community'.

WAG Circular No. 11/02. March 2002.

The Governing Body and staff of Ysgol Glan Y Môr. is fully committed to the aims and objectives stated the Sex and Relationships Policy 2009. The policy will be reviewed annually within this policy.

The school will consult with the Governing Body, teachers who will be presenting the subject, parents, school nurse, Healthy Schools Co-ordinator and Education Advisors.

The school will give pupils the opportunity to evaluate Sex and Relationships sessions on completion of the programme in order for them to provide feedback on lesson content. The school will make the necessary amendments to the programme in accordance with the expressed needs of the pupils if needed.

Parental/Guardians right to withdraw

Parents/guardians have the right to withdraw their child from SRE lessons with the exception of the elements which are part of the statutory National Curriculum. Parents/guardians must inform the school if they wish to exercise this right.

The school believes that Sex and Relationships Education should be a shared responsibility. The school will therefore provide parents/guardians with information regarding the policy, the programme of study and the resources used if requested. If parents/guardians have any concerns regarding the subject they are welcome to make arrangements to see the Headteacher. These arrangements are specified within the school handbook.

Child Protection

All school staff should be reminded that they have a duty to follow the All Wales Child Protection Procedures. If there are any suspicion that a child or young person may have suffered or is at risk of suffering significant harm this information will be dealt with in accordance with the Procedures . Staff must not agree to keep information of a child protection nature confidential and should follow up any concerns through instigating Child Protection Procedures immediately.

Role of the Sex and Relationships Education Subject Leader

- Co-ordinate the formulation of the school's SRE policy by involving all relevant stakeholders.
- Inform all staff and adults involved with the delivery of SRE within the school, of the contents of the policy and its implications to them as providers.
- Monitor and evaluate the scheme of work in order to ensure that all statutory requirements are met.
- Liaise with representatives from relevant Key Stages to ensure appropriate coverage, continuity and progression.
- Monitor and evaluate the policy and scheme of work regularly and provide a written statement for the Governing Body at the end of each academic year.
- Review the policy and make appropriate changes and amendments at least every two years.
- Assess training needs of school staff involved with the programme and seek to respond to these needs.
- Review and update the resources used in the SRE programme at least annually and evaluate their effectiveness and suitability for the pupils involved.
- Liaise with outside agencies and co-ordinate their involvement with the SRE programme.
- Work with parents/guardians

Liaison Between Key Stages

The school makes appropriate links and liaises with its feeder primary schools to ensure continuity and development from Key Stage 2 to Key Stage 3 and ensure effectiveness of the provision.

Role of External Providers

The school recognises the value of involving appropriate outside agencies and visiting speakers within the SRE programme. However, all visiting speakers need to be made aware of the contents of the school policy and the guidelines it has produced with

respect to its delivery. If outside agencies or individuals are used to deliver parts of the SRE programme a member of staff should always be present throughout the sessions

Methodology and Approach

The school aims to provide a well co-ordinated programme of Sex and Relationships Education lessons taught by members of staff trained in the delivery of Sex and Relationships Education i.e. within PSE, Science, RE, History, Drama and Language lessons, as well as cross-curricular and extra-curricular activities. Outside speakers may also be used to enhance the programme.

Learning Outcomes Key Stage 3 (PSE Framework 2008)

Health & Wellbeing

- Display a responsible attitude towards keeping the mind and body safe and healthy
- Develop positive attitudes towards themselves and others
- The law relating to aspects of sexual behaviour
- Contraception, sexually transmitted infections and HIV within the context of relationships
- The features of safe and potentially abusive relationships
- The role of marriage, the importance of stable family relationships and the responsibilities of parents
- The range of emotions they experience and how to develop strategies for coping with negative feelings
- The benefits of accessing different sources of information, support and advice

Moral and spiritual development

- What they believe to be right and wrong actions and the moral dilemmas involved in life situations
- Their beliefs in the context of those in society

Learning Outcomes Key Stage 4

Health & Wellbeing

- Accept personal responsibility for keeping the mind and body safe and healthy
- Develop a responsible attitude towards personal relationships
- The short and longer term consequences when making decisions about personal health
- The range of sexual attitudes, relationships and behaviours in society
- The importance of sexual health and the risks involved in sexual activity including potential
- The features of effective parenthood and the effect of loss and change in relationships

- The statutory and voluntary organizations which support health and emotional well-being
- How to access professional health advice and personal support with confidence

Moral and spiritual development

- How beliefs and values affect personal identity and lifestyle
- The factors involved in making moral Judgements
- The range of values and principles by which people live

Responding to sensitive issues

Personal beliefs and attitudes of teachers should not influence the teaching of Sex and Relationships Education. Teachers should set clear ground rules and pupils should be encouraged to respect the views and lifestyles of others. Teachers should try to deal with questions of a sensitive nature in a sensitive, honest and non-discriminatory way.

SRE deliverers should make it clear that the ground rules apply not only to the members of the group, but also to the teacher/group leader and any visitors who may attend.

Staff will endeavour to meet the needs of all pupils and deal with matters of a sensitive nature. The following issues will be dealt with at KS3 and 4.

Puberty

- Boys and girls need to be prepared for puberty so that they have the knowledge and confidence to manage the physical and emotional changes.

Menstruation

- Both boys and girls should learn about menstruation. Sensitive and adequate arrangements will be made to help girls cope with menstruation.

Contraception

- Effective Sex and Relationships Education in Secondary schools has an important role to play in reducing teenage pregnancies. Pupils will be given full information about different types of contraception, including emergency contraception, and their effectiveness. Additional guidance will be given on how to obtain confidential advice, counselling and, where necessary, treatment. A balance should be struck between observing the law and the need for sensitive counselling and treatment.

The school Nurse and the school's Youth Worker will hold a weekly clinic where pupils are able to get advice regarding contraception. The school supports the Gwynedd and Môn C-Card scheme.

The Gwynedd and Môn C-CARD Scheme is a confidential ,coordinated ,free condom distribution network. It aims to increase the accessibility of condoms and sexual health support, information and advice to young people. It also aims to ensure that when young people access the scheme they receive a good quality standardised service at various outlets across Gwynedd and Mon.

Abortion or Termination

- The SRE programme should enable pupils to know and understand abortion, appreciate the validity of opposing views, and develop the communication skills to discuss it with parents and health professionals. The religious convictions of pupils and their parents should be respected.

Safer Sex and Sexually Transmitted Infections including HIV/AIDS

- Pupils will be given factual information and knowledge about safer sex and STIs including HIV/AIDS which will enable them to become effective users of services that help prevent/treat STIs and HIV/AIDS, understand risky behaviour and develop assertiveness skills for negotiating relationships and avoiding being pressured into unwanted or unprotected sex.

Sexual orientation

- Pupils are encouraged to develop an understanding and respect for others regardless of their developing sexual orientation. They should be encouraged to respect and recognise diversity and differences in human life.

Procedures for monitoring and evaluation

Implementation of this policy will be monitored by the Headteacher, PSE Co-ordinator and Subject Leader.

The following people will be consulted when the policy is reviewed:

- Pupils
- School council
- Staff
- Governors
- Health Professionals
- Outside Agencies
- Parents/Guardians/Carers

This policy will be reviewed annually.

